Sustainability and Transformation Plans Factsheet

Sustainability and Transformation Plans (STPs) are plans to implement the NHS Five Year Forward View. The NHS Five Year Forward View is a document from NHS England. It sets out the challenges which face the health and social care system, and how we can rise to these challenges. The three main challenges are:

1. Closing the health and wellbeing gap
2. Closing the care quality gap
3. Closing the funding gap

But we need to find a way to face these challenges locally, which is where STPs come in.

What are STPs?

STPs are jointly developed between NHS providers, the Clinical Commissioning Groups (CCGs), Local Authorities, and other health and care services. At the moment, the way services are delivered may end up making people more dependent and less able to look after themselves.

For example, the longer you stay in a hospital the more muscle mass you lose. This means that in 10 days you can lose 10 years of mobility. This doesn’t mean we shouldn’t use hospitals, but we should be going in and coming out again as quickly as possible. So our health and social care system needs to be transformed and made more sustainable. The focus must be on us helping each of us to stay in control of our own lives and the choices we make and to stay connected to our own community.

Goals for STPs:

- Strengthen local relationships between CCGs, providers (including hospitals, GPs, mental health services), and local authorities, with the common goal of implementing the steps needed to meet the challenges put forward in the NHS Five Year Forward View
- Make sure health and social services meet the local population’s needs
- Enable local services to become sustainable
- Help to improve people’s ability to look after themselves, and the community’s ability to support each other
- Make the best use of the resources available in order to improve the experiences of the local people. This means exploring ways to reduce illness and disease and the impact they have on us and, ultimately, to reduce the inequalities that exist between local populations
- Involvement of the voluntary sector, and working as equal partners with the community to create a health and social care system based around their needs.

Our Local Plan

England has been split into 44 sections, called ‘footprints’, that show which different CCGs, local authorities and NHS providers are working together to create these local plans. North East Lincolnshire falls under The Humber, Coast and Vale footprint, which includes 6 CCGs, 6 local authorities, and all the health and social care organisations which provide services within these areas.
6 Key areas of priority identified for our area:

1. Prevention
2. Acute & Specialised including Urgent & Emergency Care
3. Out of Hospital
4. Strategic Commissioning
5. Mental Health
6. Governance

To find out more: http://www.england.nhs.uk/stp or http://www.regionalvoices.org/node/328

Locally, Healthwatch is working with the North East Lincolnshire Clinical Commissioning Group so that local people have the opportunity to be engaged with this process of change and to be consulted when a substantial service change is planned. Healthwatch is independent of the NHS and exists to make the voice of local people heard so let us know what you think by contacting us at:

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